



**HOW TO
LIVE UNITED
JOIN HANDS.
OPEN YOUR HEART.
LEND YOUR MUSCLE.
FIND YOUR VOICE.
GIVE 10%. GIVE 100%.
GIVE 110%
GIVE AN HOUR. GIVE A SATURDAY.
THINK OF *WE* BEFORE *ME*.
REACH OUT A HAND TO ONE AND
INFLUENCE
THE CONDITION OF ALL**

**GIVE. ADVOCATE. VOLUNTEER.
LIVE UNITED**

United
Way



Want to create opportunities for everyone in Eastern Maine? United Way is creating lasting changes by focusing on the building blocks of a better life—education, income and health. Pledge today at www.unitedwayem.org

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