

United Way of  
Eastern Maine

**LIVE UNITED**



GIVE, ADVOCATE, VOLUNTEER.

ENEWS FROM YOUR LOCAL UNITED WAY

**January 16, 2009**



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## FREE TAX PREPARATION STARTS FEBRUARY 2ND

Beginning February 2, 2009 trained volunteers will be in select libraries, town halls and agencies across the region helping people to get their taxes filed, maximize the refunds they receive, quickly and at no cost.

Again this year, trained volunteers are offering free tax preparation services to low to moderate individuals throughout Eastern Maine. There will be sites in Bangor, Ellsworth, Milbridge, Dover Foxcroft, Machias and other locations.

The Creating Assets Savings and Hope (CA\$H) coalition in Eastern Maine is a group of more than 20 organizations. CA\$H is working to ensure everyone in need in our region is able to get their taxes filed at no cost and can get the money management tools to meet their financial goals. CA\$H hopes to reach more low to moderate income individuals that are eligible to receive the Earned Income Tax Credit of up to \$4,824. Thousands of eligible households in Eastern Maine currently do not take advantage of this opportunity.

[For More Information](#)

New Year Resolution: **LIVE UNITED**

## Give.

Your contribution will help United Way of Eastern Maine and its partners improve lives by improving **Education**, **Income** and **Health** in our community.

[How to Give](#)

## Advocate.

You can make change happen with your voice. United Way needs people who are passionate about education, income and health to make some noise.

[Visit Maine Association for Nonprofits' Advocacy Resource Page.](#)

## Volunteer.

United Way and Volunteer Centers work with volunteers and local nonprofits to develop the best opportunities for youth, busy working adults and seniors.

[Find and Post Opportunities at VolunteerMaine.org](#)

In 2008, Eastern Maine CA\$H Coalition (Creating Assets, Savings and Hope) helped approximately 2800 individuals file their taxes bringing more than \$2 million to the Eastern Maine economy.  
[Find Out How!](#)

Here's 10 ways to start LIVING UNITED today:



1. Organize a book drive.
2. Read to children.
3. Get involved with a local non-profit engaged in child care or literacy.
4. Purchase school supplies for a local school.
5. Volunteer at your local health clinic.
6. Serve as a greeter at a free tax preparation.
7. Volunteer to prepare tax returns for low-income families.
8. Ask your bank if they offer free checking and savings accounts to low-income families and encourage them to start if they don't.
9. Start a walking group.
10. Help transport families to necessary medical appointments.

Improving Lives through improvements to **Education**, **Income** and **Health**. That's how you **LIVE UNITED**.

### BE AN ADVOCATE

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You can LIVE UNITED by helping us spread the word. Imagine how many people we could reach if everyone forwards this to five people.

[+ TELL YOUR FRIENDS](#)

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