

United Way's Day of Caring - October 28, 2011
Volunteer Project List *updated 10 05 11*



Board Book Bookshelves!

at The Bangor Public Library:Children's Department

CODE: 1-BPL

Project Description: The youngest of readers are best able to handle books that are made of strong cardboard and shaped to fit in their little hands. We are happy to be able to provide these books for young children. Unfortunately, we do not have an effective shelving unit for their display. We have a space that we can create by taking out a low counter-top. We would love to have a few small bookshelves built to house our board book collection in this spot. This will also help keep little ones out of a busy aisle, as it will move the board books into a cozy area off the beaten path.

Location of Project: 145 Harlow St, Bangor ME 04401

Maximum # of Volunteers Needed: 5

Special Skills? Carpentry experience helpful

Appropriate for Youth Volunteers? No - this opportunity is appropriate for adults only

Materials Needed? Wood/bolts/screws/nails to build two bookcases 3ft by 3ft and about 10 inches deep the bolts are to adhere the bookcases to the back of permanent bookcase structure surrounding it.

Tools or Equipment Needed? Yes tools / equipment are needed - saw, screwdriver, hammer etc. we can paint the finished project.

Agency Contact: Maryann Lanzikos, soxfan112364@hotmail.com or call 947-8336

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011

Volunteer Project List



Decorate and set up for Youth Night

at Bangor Y

CODE: 2-BYMCA

Project Description: The Bangor Y will begin hosting monthly Youth Nights to give youth in our community an opportunity to spend an evening having fun with friends and role models while engaged in healthy and age appropriate activities under adult supervision one night a month. We will be offering this at our Y and the activities will include Swimming, Healthy Snacks, Crafts and Games, and a Movie. We will be hosting these events in two locations; one at our Bangor Y located at 17 Second St., and the other at the Bangor Housing Authority's Community Center. The first one will take place on Saturday, October 29th and will have a Halloween theme. We are looking for volunteers to help decorate the community center for this event as well as volunteer for the event itself. Youth Nights will be open to youth in grades 4-6 and our hope is that by offering it at both the Bangor Y, as well as a secondary location, we will eliminate barriers for many area youth being able to attend.

Location of Project: Bangor Community Center, Davis Road, Bangor

Maximum # of Volunteers Needed: 5

Special Skills: Creativity

Appropriate for Youth Volunteers? Yes - Youth ages 14 and up accompanied by adults

Materials Needed? None

Tools or Equipment Needed? No tools are needed

Agency Contact: Catherine Hamel, chamel@BangorY.org or call 207-941-2808 x316

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011
Volunteer Project List



Penobscot County Office Renovation!!

at Big Brothers Big Sisters

CODE: 3-BBBS

Project Description: We have just expanded into Penobscot County and need office space to operate from. The Y has generously donated space, but it could use a facelift - a fresh coat of paint, some curtains and light cleaning. In the true spirit of collaboration, we'd also like to help the Y with their projects once we finish if there is time.

Location of Project: Bangor Y 17 2nd St. Bangor, ME

Maximum # of Volunteers Needed: 5

Special Skills: Painting experience helpful

Appropriate for Youth Volunteers? Yes - Youth ages 11 and up accompanied by adults

Materials Needed? Paint, paintbrushes, rollers, curtains, curtain Rods

Tools or Equipment Needed? Yes tools / equipment are needed - Drill/Screwdriver

Agency Contact: Matt Donahue, matt@bbbsmcm.org or call 941-2808 x 342

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011

Volunteer Project List



Flower Garden Clean Up

at Good Samaritan Agency

CODE: 4-GSAM

Project Description: In front of our building, we have a perennial garden that has become filled with weeds. It is in desperate need of a weeding, and clean out to be put to bed for the season. This is a great opportunity for people who love gardening and have a green thumb. Along with the weeding, there is also trees and large shrubs in need of pruning, and some perennials that need to be cut back a little.

Location of Project: 100 Ridgewood Drive, Bangor, Me 04401

Maximum # of Volunteers Needed: 10

Special Skills: Gardening / outdoor work

Appropriate for Youth Volunteers? Yes - Youth ages 14 and up accompanied by adults

Materials Needed? None

Tools or Equipment Needed? Yes tools / equipment are needed - We can provide some tools, like shovels and a wheelbarrow but it would be helpful if the volunteers brought some of their own little tools and gardening gloves.

Agency Contact: Debbie Giguere dag10135@gmail.com 207-942-7211

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011
Volunteer Project List



Fresh Coat of Paint
at KidCare America- Lincoln

CODE: 5-KCAL

Project Description: The physical environment at the KidCare America Center can motivate students and enhance learning. The brightly colored tutoring rooms are in need of a fresh coat of paint. Five rooms are included in the project, although 3 rooms especially need attention. When a room looks its best it can enhance students to do their best.

Location of Project: KidCare America @ Community Evangel Temple 124 River Rd. Lincoln, ME 04457

Maximum # of Volunteers Needed: 15

Special Skills: Painting experience or attention to detail.

Appropriate for Youth Volunteers? Yes - Youth ages 14 and up accompanied by adults

Materials Needed? - Wal*Mart brand paint in various colors. Each room had a color designation and will require a gallon of that color paint as well as a secondary shade to accent the trim. Rollers, brushes, paint trays

Tools or Equipment Needed? Yes tools / equipment are needed - - Paint rollers - paint brushes - paint trays

Agency Contact: Michelle Russell, michelle@kidcareamericalincoln.org or call 207-794-2273

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011
Volunteer Project List



We Make a Difference for the Wee Ones
- help us with an outdoor clean up
at Kids' Corner Early Care and Learning Facility, Bar Harbor

CODE: 6-KCEC

Project Description: * Power wash the outside of the Center (never been done and is in dire need of a wash to spruce it up) * Work on the perennial garden that is at the entrance of our facility to clean it up and ready it for Fall * Sand and stain our outdoor picnic tables

Location of Project: 81 Mt. Desert Street Bar Harbor, Maine

Maximum # of Volunteers Needed: 5

Special Skills: Gardening / outdoor work

Appropriate for Youth Volunteers? No - this opportunity is appropriate for adults only

Materials Needed? Power washer or cleanser, Stain, sander, brushes garden tools

Tools or Equipment Needed? No tools are needed

Agency Contact: Lori Krupke, kidscorner@link2usa.com or call 207-288-9503

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011

Volunteer Project List



Children's New and Gently Used Book Drive

at Literacy Volunteers of Bangor

CODE: 7-LVAB

Project Description: Join Literacy Volunteers or Bangor in our effort to create literacy-rich home environments for the children whose parents are working with tutors in order to improve their literacy. Host a new or gently used children's book drive during the month of November. For many of families, books are luxury items. However, study after study discuss the importance of children being read to and other studies site that children's educational achievements improve when their parents also go back to school or get a literacy tutor. Books will be given to LV-Bangor parents as well as to other low-income families through a network of social service partners in time for the holidays. A book is a gift you can open again and again. ~ Garrison Keillor

Location of Project: At your office, school, club, neighborhood and at Bull Moose Maine Square Mall 683 Hogan Road Bangor, ME 04401

Maximum # of Volunteers Needed: unlimited

Special Skills: A desire to get the word out!

Appropriate for Youth Volunteers? Yes - Youth ages 11 and up accompanied by adults

Materials Needed? None

Tools or Equipment Needed? No tools are needed

Agency Contact: Mary Marin Lyon, marylyon@lvbangor.org or call 947-8451

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011

Volunteer Project List



Creating a Teen Center

at Penobscot Nation Boys & Girls Club

CODE: 8-PNBGC

Project Description: Here at the PNBGC we serve children grades K-12. Staff members, community members as well as the teens affiliated with the Club have a great understanding that teens need a space within the Boys & Girls Club to call their own. Creating such a place for teens will strengthen the number and quality of resources available to teens, end the lack of activities specifically for teens while promoting positive behaviors, healthy choices, and community involvement. Presently, our club has 4 program areas with high hopes to create one more; the teen center. PNBGC has plans to remodel and establish a space for the older youth of the Club. We will be expanding and remodeling several of our established program areas to create an additional program area for the teen center.

Location of Project: 12 Wabanaki Way, Indian Island, ME, 04468

Maximum # of Volunteers Needed: 15

Special Skills: Carpentry experience helpful

Appropriate for Youth Volunteers? No - this opportunity is appropriate for adults only

Materials Needed?

Tools or Equipment Needed? No tools are needed

Agency Contact: Carla Knapp, carla.knapp@penobscotnation.org or call 207-817-7533

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011

Volunteer Project List



United Way of Eastern Maine

Garage and Yard Clean UP

at Penquis Journey House, Dexter

CODE: 9-PJH

Project Description: The Garage at Journey House serves two purposes. First to provide a safe place to store a vehicle during the winter months. Secondly we store community donations of furniture and household products that the residents take with them as they transition into their own apartments. The Garage had not been cleaned prior to our program starting, therefore several items from the previous owners are still around. This creates an unsafe situation for the staff, residents and children if they are in the garage. The unwanted items need to be taken to the landfill or donated to an appropriate location. One section of the yard also needs to be cleaned up. The original driveway was paved and has broken up over time. The broken pieces of tar have been tossed behind the garage along with other assorted items, again from the previous owners. This area was not able to be cleaned out prior to the program start. The play area for the children is located next to the area in need of cleaning. While the play area is fenced off and children do not have access, the area is unsightly and not environmentally friendly. The tar would need to be taken to the landfill along with the other items. The Penquis Journey House would like to be sensitive to the environment and clean up its area. Also we would like to optimize the storage area in the garage so more donations can be collected. The staff at Journey House are all women and of course we serve young women and children. Extra hands are needed and appreciated.

Location of Project: Penquis Journey House 59 Free St Dexter, ME 04930

Maximum # of Volunteers Needed: 5

Special Skills:

Appropriate for Youth Volunteers? No - this opportunity is appropriate for adults only

Tools or Equipment Needed? Yes - Brooms, shovels and pick up trucks

Agency Contact: Denise Trafton, dtrafton@penquis.org or call 207-735-6413

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™

United Way's Day of Caring - October 28, 2011

Volunteer Project List



Supply Drive for Mentor, Tutor and Reader Programs

at United Way of Eastern Maine

CODE: 10-UWEM

Project Description: Volunteers are making a difference in the lives of hundreds of children, youth and families throughout Eastern Maine through mentoring, tutoring and reading relationships. Lend them a hand by hosting a supply drive at your workplace, school, community center or club during the month of November. Volunteers use all sorts of supplies to increase the types of activities they can do. All the following are needed: 1. Healthy snacks: applesauce cups, raisins, pretzels, trail mix, crackers, bottled water 2. Craft supplies: construction paper, card stock, foam paper, glitter, glue, child safety scissors, felt, crayons, markers, pencils, pens, sewing scraps 3. Finger puppets/ regular puppets, board games, cards 4. Sports equipment, including foot balls, base balls, bouncy rubber balls, frisbees, hackey-sacs, etc...

Location of Project: At your office, school, club or neighborhood

Maximum # of Volunteers Needed: unlimited

Special Skills: A desire to get the word out!

Appropriate for Youth Volunteers? Yes - children ages 7 and up accompanied by adults

Materials Needed?

Tools or Equipment Needed? No tools are needed

Agency Contact: Sara Yasner, saray@unitedwayem.org or call 941-2800

To request a project, complete the volunteer group registration form that accompanied this, go to www.unitedwayem.org or call Chris at United Way - 941-2800 ext. 207

LIVE UNITED™