

## United Way of Eastern Maine

GIVE. ADVOCATE. VOLUNTEER.

LIVE UNITED



January 2012

### Dear Adam,

A new year marks the beginning of many things, one of which may be giving back to the community you live and work in. If you feel strongly about issues concerning education, income or health, have a closer look at **the work we do** and the **ways you can give**. I hope you enjoy this month's update on our work in the community!

- Adam Mullen



Hollywood Slots' food can snowmen

### The Pantry Project is underway!

United Way of Eastern Maine has joined with **Good Shepherd Food Bank** for The Pantry Project, a program aimed at feeding hungry people January through April.

Three years ago, specially branded shelving units were provided at discount by Home Depot - these shelves will be delivered to participating companies around Eastern Maine.

Employees and customers will fill the shelves and box the food, then deliver it to Good Shepherd for distribution. Each company will keep the shelving for one month and pass it on to the next month's company. Five or six units will be used at any given time. One box of food holds about 27 meals.

*The following companies have Pantry Project shelving for the month of January: [Central Middle School](#), [Camden National Bank](#), [Hollywood Slots](#), [Marden's](#), [Sam's Club](#), and [United Way of Eastern Maine](#). Stop by and donate today!*

**2-1-1 Maine: If you need help, dial 2-1-1 today and be**



Eastern Maine CASH (Creating Assets, Savings, and Hope) Coalition is offering free tax preparation to qualified individuals and families. IRS-certified volunteer tax preparers will prepare federal and state income taxes free and will connect eligible people to free financial programs and services in the community.

Mainers can dial 2-1-1 to find where and when a tax preparation site is available nearest them.

### Give.

Giving to United Way of Eastern Maine's Community Fund is the most efficient and effective way to improve lives in your community.

United Way of Eastern Maine uses the Community Fund dollars to invest in programs that provide the best quality services to the people of Eastern Maine.

Donate today to ensure the Community Fund can support the very best programs and services for Eastern Maine. **Click here to make a secure donation online.**

**Please consider remembering United Way in your will or**

**connected to over 8,000 health and human services available in Maine. When you dial 2-1-1, you will be connected to a trained specialist who can help you 24 hours a day, 7 days a week. Call 2-1-1 or visit [www.211Maine.org](http://www.211Maine.org).**

## Neighbors Helping Neighbors



In 2008, our first Neighbors Helping Neighbors small grant program engaged community groups and organizations, local governments, faith based groups, and other non-profit groups to conduct and provide a variety of activities with the goal of aiding families and individuals to safely get through the winter.

Efforts included, but were not limited to: finding donated or favorably-priced supplies for winterization projects, securing funds for fuel, food and other necessities, training in energy saving methods, providing warming centers and providing neighborhood watch groups to check on area residents most at risk.

For 2012, we are proud to announce the recipients for the Neighbors Helping Neighbors grants:

- Town of Hermon - Town Fuel Relief Program
- St. Paul the Apostle Parish - Matthew 25 Fuel Assistance Program
- Machias Food Pantry
- ICare Ministries - Benevolence Fuel Program
- St. Andrew Lutheran Church - Down East Table of Plenty Program
- Harbor House - MDI Community Campfire Coalition Program
- Washington County Food & Fuel Alliance
- City of Bangor - Emergency Heating Assistance Program
- Maine Seacoast Mission - Emergency Fuel Assistance Program
- Cobscook Community Learning Center - Warming Center Program
- Waldo CAP - Keep Waldo Warm Program
- Town of Lincoln - Heating Fuel Assistance Donation Fund Program
- Town of Dixmont - Dixmont Neighbors Helping

**estate. Your thoughtfulness today will ensure valuable services to those who need help in the future.**

## Advocate.

You can LIVE UNITED by helping us spread the word. Imagine how many people we could reach if everyone forwards this to five people.

Do you know someone who doesn't have the opportunity to give back? Share this email with them by clicking below.

[FORWARD TO A FRIEND >](#)

## Volunteer.

Are you looking for a way to donate your time and energy to better your community?

Visit [VolunteerMaine.org](http://VolunteerMaine.org) for opportunities in your area!

Neighbors Program

- Brewer Christian Food Cupboard



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